# Triptorelin

for Urological cancer

## Triptorelin

Triptorelin is an antihormonal treatment, which reduces the level of testosterone (the male sex hormone) in the body. This prevents the cancer cells from multiplying. Triptorelin is injected into a muscle. The drug works as a drug depot that continuously releases the right dose into the body. New injection is given regularly every, every 3 or every 6 months. Before the first treatment and for a month, it is usually supplemented with Bicalutamide, tablets. This is to reduce side effects that occur early in the treatment. <img src=dd-ata:image/png;base64,iVBORw0KGgoAAAANSUhEUgAAABQAAAAUCAQAAAAngNWGAAAA/0lEQVR4AYXNMSiEcRyA for Verifierad av gruppenstyle="height: ;width: "/>

## Side effects - symptoms and tips

The side effects we list here are the most common and important. They can vary greatly from person to person, and even from time to time. Side effects may determine your dose or require you to stop taking the medicine.

Tell your doctor or nurse if you have any side effects. Often the symptoms can be prevented or alleviated.

### Fallopian tubes

Hot flashes and sweating are common.

**Tips:** Try to exercise and move around.

### Decreased sexual desire

Decrease in testosterone level can lead to loss of sexual desire. The potency can disappear, that is, it becomes difficult to get an erection, you become impotent.

### Weight gain

The hormone treatment can affect the body's metabolism so that you gain weight more easily. Fatigue can also make you unable to move as usual. Tip: There is no particular diet or diet that is better than any other for losing weight. What determines is how much energy you eat in relation to what you need. It is also important that you enjoy your eating habits and can maintain them over a long period of time.

### Initiative, mood and moodiness

You may feel that you lack initiative, have mood swings and feel depressed

### Pain in muscles and bones

Pain, tenderness and weakness in the muscles are common.

**Tips:** Can be relieved with common painkillers.

## General information about cancer

Useful information about cancer is available from both 1177 Vårdguiden and Cancerfonden:

www.1177.se

www.cancerfonden.se

## Notes

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