

---

### About your treatment

The cytostatic treatment you receive affects the bone marrow and thus the white blood cells, which are part of the defense against infection. You are prescribed a medicine to help the bone marrow recover. You must take the syringe at least 24 hours after the chemotherapy treatment. The syringe is pre-filled and should be given into the tissue under the skin (subcutaneously) in the abdomen or on the outside of the thighs. For many, it feels better to take the injection in the evening. The syringes are stored cold but can be stored for a while at room temperature before taking them. Read on the packaging which time applies specifically to your syringes.

### Side effects - symptoms and tips

The side effects we list here are the most common and important. They can vary greatly from person to person, and even from time to time. Side effects may determine your dose or require you to stop taking the medicine.

Tell your doctor or nurse if you have any side effects. Often the symptoms can be prevented or alleviated.

#### Pain in muscles and bones

Pain, tenderness and weakness in the muscles are common.

**Tips:** Can be relieved with common painkillers.

### Notes

---

---